



Hours:

Mon/Wed/Fri: 10am-2 pm
Monday-Thursday 4:30-9:30pm
Fridays: 5:30-8:30pm
Saturday: 9:30-12:30pm / 2:30-6pm
Sunday: 2:30-6pm

Mississauga - Location:

7025 Tomken Rd. #23 905-565-6852
www.ukbwomen.com

Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:15 am Women's Only Kickboxing		10:15 am Women's Only Kickboxing		10:15 am Women's Only Kickboxing	10:00 am Women's Only Kickboxing	
12:10 pm Women's Only Kickboxing		12:10 pm Women's Only Kickboxing		12:10 pm Women's Only Kickboxing	11:00 am Women's Only Kickboxing	
5:00 pm Women's Only Kickboxing	5:00 pm Women's Only Kickboxing	5:00 pm Women's Only Kickboxing	5:00 pm Women's Only Kickboxing			
6:00 pm Women's Only Kickboxing	6:00 pm Women's Only Kickboxing	6:00 pm Women's Only Kickboxing	6:00 pm Women's Only Kickboxing	6:00 pm Women's Only Kickboxing	3:15 pm Women's Only Kickboxing	3:15 pm Women's Only Kickboxing
7:00 pm Women's Only Kickboxing	7:00 pm Women's Only Kickboxing	7:00 pm Women's Only Kickboxing	7:00 pm Women's Only Kickboxing	7:00 pm Women's Only Kickboxing	4:30 pm Women's Only Kickboxing	4:30 pm Women's Only Kickboxing
8:15 pm Women's Only Kickboxing	8:15 pm Intermediate Kickboxing	8:15 pm Women's Only Kickboxing	8:15 pm Intermediate Kickboxing			